



**KIDSPACE**  
*Adaptive Play and Wellness*  
 www.kidspaceadaptiveplay.com

469 Buckland Road  
 South Windsor, CT  
 06074  
 phone (860) 432-9923  
 fax (860) 432-7553

**Miela Gruber–Cooley ND— Registration Form**  
*(Please Print)*

Today's Date: \_\_\_\_\_ PCP: \_\_\_\_\_

**Patient Information**

Patient Name: (Last, First, Middle) \_\_\_\_\_

Parent/Guardian's Name(s): \_\_\_\_\_

Home Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Cell: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

E-mail address: \_\_\_\_\_

Date of Birth: \_\_\_/\_\_\_/\_\_\_ Male \_\_\_ Female \_\_\_

Street Address: \_\_\_\_\_ P.O. Box \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Occupation: \_\_\_\_\_

Employer name & Phone: \_\_\_\_\_

Chose Dr. Gruber because/ Referred by: \_\_\_\_\_

\_\_\_\_\_

**In Case of Emergency**

Name of local friend or relative (not living at same address): \_\_\_\_\_

Relationship to patient \_\_\_\_\_ Home Phone (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

The above information is true to the best of my knowledge. I authorize my insurance benefits be paid directly to the physician. I understand that I am financially responsible for any balance. I also authorize Forest Family medicine or insurance company to release any information required to process my claims.

Parent/Guardian signature: \_\_\_\_\_ Date: \_\_\_\_\_

**AUTHORIZATION FOR  
SHARING OF MEDICAL AND EDUCATIONAL RECORDS AND/OR  
PERMISSION TO DISCUSS MEDICAL HISTORY/RECORDS**

PATIENT'S NAME \_\_\_\_\_

**CONSENT TO SHARE MEDICAL AND EDUCATIONAL RECORDS AND/OR DISCUSS  
MEDICAL HISTORY**

I consent to the sharing of my medical and educational records with:

NAME: Practitioners at Kidspace Facility

ADDRESS: 479 Buckland Road, South Windsor, CT 06074

PHONE: (860) 432-9923

Patient Signature: \_\_\_\_\_ Date \_\_\_\_\_

Relationship to Patient, if signed by someone other than Patient \_\_\_\_\_

Child's name: \_\_\_\_\_

Birth date: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Your name: \_\_\_\_\_ Relationship to Child: \_\_\_\_\_

Your Address: \_\_\_\_\_ Telephone: \_\_\_\_\_

Are you the legal guardian of this child: Yes \_\_\_\_\_ No \_\_\_\_\_

If No, who is and how can we contact them: \_\_\_\_\_

Do we require the permission of another parent or guardian in addition to your permission:

Yes \_\_\_\_\_ No \_\_\_\_\_ If Yes, who is this, and how can we contact them: \_\_\_\_\_

Consent to Share Information with all practitioners at Kidspace:

I consent to the sharing of my child's healthcare and educational records with the other practitioners at the Kidspace facility.

Signature \_\_\_\_\_ Date \_\_\_\_\_

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**NOTE: CHILDREN WILL NOT BE PERMITTED TO PARTICIPATE IN PROGRAMS OR FREE PLAY TIME UNLESS WE HAVE THIS FORM COMPLETED AND SIGNED BY A LEGAL GUARDIAN OF THE CHILD TO BE ENROLLED. IF ASSISTED BY A VISITING THERAPIST, A SECOND FORM WILL BE REQUIRED TO BE COMPLETED BY THE THERAPIST. THANK YOU.**

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KIDSPACE, Reaching Milestones through Adaptive Play, LLC (KIDSPACE) has agreed to provide the facility and teachers/staff that will provide instructive programs and/or minimally supervised free play time.

Teachers will enlist children and parents in a variety of developmentally stimulating adaptive play programs for their children. During programs and free play time, parents and ancillary therapists invited into the facility by families, will have full responsibility for their children. KIDSPACE will have a staff member on site and during the use of equipment at all times for questions or concerns concerning the facility and its equipment. KIDSPACE does not guarantee the skill or availability of said staff member to supervise their activities or provide therapeutic direction to them or their children during this free play time.

Parents (or representative) are responsible at all times for the conduct, safety and discipline of their children while attending programs, free play or consultations at KIDSPACE, Reaching Milestones through Adaptive Play, LLC and agree that they will not hold the staff of KIDSPACE responsible for any injuries sustained to children or parents while engaged in programs or free play time on the equipment of said facility unless it has been shown to be directly associated to the actions or neglect of a member of the staff of KIDSPACE, Reaching Milestones through Adaptive Play, LLC. Due to space and supervision limitations, siblings cannot be invited to participate unless they are officially enrolled in a program.

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## CHILDREN'S HEALTH HISTORY FORM

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

What are your present Health Concerns for this child?

Please list other providers that you child currently sees. Include name of Primary Health Care Provider/Pediatrician, Chiropractor, Lactation Consultant, specialist, Etc. Include their phone numbers for consult if needed.

Current medication/vitamins:

Herbs/Homeopathy/Home remedies:

Allergies/Reactions to Medications or Vaccinations?

### **Pregnancy and Birth**

Where was your child born? \_\_\_\_\_

Is this child yours by: Birth \_\_\_ Adoption \_\_\_ Foster care \_\_\_ Step child \_\_\_ Other:

How would you describe the child's pregnancy? Indicate any medical problems during pregnancy.

Were there any unusual stresses during the pregnancy?

Did the mother experience any shocks or frights during the pregnancy?

Mother's health/nutrition during pregnancy?

Delivery: Vaginal \_\_\_ Caesarean\_\_\_ Medication during birth (include antibiotics, pain med, etc.):

If Caesarean, why?

Other interventions during birth? \_\_\_\_\_

Birth Weight \_\_\_\_\_ Height \_\_\_\_\_

APGAR score 1 min. \_\_\_\_\_ 5 min \_\_\_\_\_

Was the child full term? Yes \_\_\_ No \_\_\_ If premature, how early? \_\_\_\_\_

Please indicate any medical problems during the baby's newborn period.

Were there any problems establishing breastfeeding during the newborn period?

How would you describe this child as an infant?

**Nutrition and Feeding**

Was your child breast-fed? \_\_\_ If so, how long? \_\_\_\_\_

At what age were other foods introduced? \_\_\_\_\_

If formula was used, please indicate at what age it was introduced and what type?

Age: \_\_\_\_\_ Cows Milk: \_\_\_\_\_ Soy: \_\_\_\_\_ Other: \_\_\_\_\_

Has your child had any feeding/dietary problems? Yes \_\_\_ No \_\_\_ Specify:

Are there any dietary restrictions? \_\_\_\_\_

Does the child have any food cravings/aversions? Yes \_\_\_ No \_\_\_ Specify:

Does the child regularly drink water Yes \_\_\_ No \_\_\_ Juice? Yes \_\_\_ No \_\_\_ How much?

Soda? Yes \_\_\_ No \_\_\_ How much?

Milk? Cow \_\_\_ Goat \_\_\_ Rice \_\_\_ Soy \_\_\_ Nut \_\_\_ How much?

Does the child eat three meals a day? \_\_\_\_\_ Snacks \_\_\_\_\_

### **Exercise**

Does the child spend time outside daily? Yes \_\_\_ No \_\_\_

Do they participate in any sports, dance, martial arts, etc? Yes \_\_\_ No \_\_\_ If yes, indicate type/how often?  
\_\_\_\_\_

TV-Hours per day: \_\_\_\_\_

Computers-Hours per day: \_\_\_\_\_

Video games-Hours per day: \_\_\_\_\_

Homework- Hours per day: \_\_\_\_\_

Do you have concerns about this child's level of activity?

### **Sleep**

Where does the child sleep \_\_\_\_\_ Hours per night \_\_\_\_\_ Naps \_\_\_\_\_

Nightmares \_\_\_\_\_ Restlessness \_\_\_\_\_ Insomnia \_\_\_\_\_

Do you have concerns about this child's sleep habits?

### **Development**

At what age did your child :

Get first teeth \_\_\_\_\_ Held head upright \_\_\_\_\_ Sit alone \_\_\_\_\_

Walk alone \_\_\_\_\_ Say words \_\_\_\_\_ Girls only: Age at first menstrual period \_\_\_\_\_

### **Dental History**

Do you or the child brush their teeth: \_\_\_\_\_ Has the child seen a dentist: \_\_\_\_\_

If so, How often: \_\_\_\_\_ Has child had any dental problems? Please Explain: \_\_\_\_\_

Does the child have any fillings: \_\_\_\_\_ If yes- Mercury/amalgam \_\_\_\_\_ Ceramic \_\_\_\_\_ How many?

### **Illnesses or Conditions the child has had: (please check all that apply)**

German measles \_\_\_ Mumps \_\_\_ Measles \_\_\_ Chicken pox \_\_\_ Whooping cough \_\_\_

Scarlet fever \_\_\_ Colic \_\_\_ Asthma \_\_\_ Allergy \_\_\_ Rheumatic fever \_\_\_ Eczema \_\_\_

Caner \_\_\_ Mononucleosis \_\_\_ Ear Infection \_\_\_ ADHD \_\_\_ Anorexia \_\_\_ Bulimia \_\_\_

Other :

### **Immunizations**

Hepatitis B \_\_\_ DPT \_\_\_ H. Flu \_\_\_ Polio \_\_\_ MMR \_\_\_ Varicella \_\_\_ Other: \_\_\_\_\_

Were there any reactions to the vaccines?

### **Habits (Past or Present)**

Bed rocking \_\_\_ Head banging \_\_\_ Thumb sucking \_\_\_ High pitched crying \_\_\_ Tics \_\_\_

Pica \_\_\_ Nail biting \_\_\_ Ritual behavior \_\_\_ What? \_\_\_\_\_

Picks nose \_\_\_ Hurting self \_\_\_ How? \_\_\_\_\_

Hurting others \_\_\_ How? \_\_\_\_\_

Hyperactive behavior \_\_\_\_\_

Changeability (mood swings) \_\_\_ Describe \_\_\_\_\_

### **Toilet Habits**

Any problems toilet training?

Bedwetting?

Bowel movements: How often \_\_\_\_\_ Consistency \_\_\_\_\_

Color \_\_\_\_\_ Rash with BM \_\_\_\_\_

History of constipation alternating with diarrhea? \_\_\_\_\_

**Other**

Bad breath, Bad taste in mouth, Body odor: \_\_\_\_\_

Stomach pain relieved by food: \_\_\_\_\_

Stomach pain worsened by food: \_\_\_\_\_ Any food in particular: \_\_\_\_\_

Strong craving for sweets or chocolate: \_\_\_\_\_

**Allergies**

Dark circle under eyes: \_\_\_\_\_ Frequent or constant stuffy nose: \_\_\_\_\_

Cough/throat clearing/hoarseness: \_\_\_\_\_ Cry or complain of stomach ache between meals: \_\_\_\_\_

Rectal Itch: \_\_\_\_\_ Dark or excessive ear wax: \_\_\_\_\_ Ear itching: \_\_\_\_\_ Frequent ear infection: \_\_\_\_\_

Canker sores: \_\_\_\_\_ Antibiotic treatment: \_\_\_\_\_ How many? \_\_\_\_\_

White tongue: \_\_\_\_\_ Many upper respiratory infections: \_\_\_\_\_ Rashes: \_\_\_\_\_ Where: \_\_\_\_\_

Shortness of breath: \_\_\_\_\_ Behavior changes after eating: \_\_\_\_\_

What kind of child is this? How would you describe him/her?

In school?

Child's attitude?

**Emotions (Now or Past)**

Excessive worry: \_\_\_\_\_ Hard to express anger: \_\_\_\_\_ Easily angered: \_\_\_\_\_ Nervous: \_\_\_\_\_

Restless: \_\_\_\_\_ Feels worthless: \_\_\_\_\_ Feels like killing self: \_\_\_\_\_ Hurt self in past: \_\_\_\_\_

Feeling of rage/violence: \_\_\_\_\_ Trouble getting along with people: \_\_\_\_\_

Likes to stay alone most of the time: \_\_\_\_\_ Has trouble being alone: \_\_\_\_\_ Trouble leaving house: \_\_\_\_\_

Excess stress for prolonged periods of time: \_\_\_\_\_ Don't know how to relieve stress: \_\_\_\_\_

Mood swings: \_\_\_\_\_ Fearful: \_\_\_\_\_ Vengeful: \_\_\_\_\_ Feels like a victim: \_\_\_\_\_ Crying spells: \_\_\_\_\_

Depression: \_\_\_\_\_ Oppositional: \_\_\_\_\_ Impulsive: \_\_\_\_\_ Vivid dreams/nightmares: \_\_\_\_\_

Drives self too hard/perfectionist: \_\_\_\_\_ Seems apathetic: \_\_\_\_\_ Messy/disorganized: \_\_\_\_\_

Unusually neat: \_\_\_\_\_ Unusual sense of responsibility: \_\_\_\_\_



Has sustained a loss of someone dear through death or separation: \_\_\_\_\_

Do you feel child has recovered from that loss: \_\_\_\_\_

Has child every experienced abuse: \_\_\_\_\_ Explain if you can:

Has child ever witnessed any violence?

Is child generally: Happy \_\_\_\_\_ Unhappy \_\_\_\_\_

### **Preteen/Teen**

#### **Young Women**

Age when you started your menstrual period: \_\_\_\_\_

Period every: \_\_\_\_\_ days Regular? Yes: \_\_\_ No: \_\_\_ Length: \_\_\_\_\_

Any problems with menstrual period?

Vaginal itch or pain? \_\_\_\_\_

Urinary tract infections? \_\_\_\_\_

Any other concerns? \_\_\_\_\_

Would you like to discuss questions about sexuality or birth control options with me?

#### **Young Men**

Any problems (difficult, pain or burning) with urination: \_\_\_\_\_

Discharge from penis: \_\_\_\_\_

Lump(s), swelling or pain in testicles: \_\_\_\_\_

Would you like to discuss questions about sexuality or birth control options with me?

#### **Both young men and women**

Are you experiencing unusual pressure from your peers to participate in activities that are unusual or new or uncomfortable for you?

Are you concerned about your future?

Have you experimented with any of the following?

Illicit drug use \_\_\_ Prescription pill use \_\_\_ Alcohol use \_\_\_ Cigarettes \_\_\_

Sniffing \_\_\_ Weight loss pills \_\_\_ Caffeine \_\_\_

Do you use any of the above regularly? \_\_\_\_\_ Are you concerned? \_\_\_\_\_

Are you concerned that you are too heavy or too thin?

Do you like food?

Are you afraid you eat too much?

Have you ever made yourself throw up because you thought you ate too much?

Do you ever hurt, cut or burn yourself intentionally?

Do you take more risks than your peers?

DO you ever feel like killing yourself or running away?

How do you feel you are handling pressures at home/school?

Any other questions or concerns you may have for me?

**ACKNOWLEDGEMENT OF RECEIPT OF  
NOTICE OF PRIVACY PRACTICES**

**This document is to be signed by a person legally responsible for the patient’s medical decisions relative to the treatment situation.**

I, \_\_\_\_\_, hereby acknowledge that Dr. Miela Gruber’s Office has provided me with a copy of its Notice of Privacy Practices that describes how medical information about me may be used and disclosed, and how I can access this information. I understand that if I have questions or complaints I may contact:

**Dr. Miela Gruber, ND  
(860) 432-9923**

I also understand that I am entitled to receive updates upon request if Dr. Miela Gruber’s Office amends or changes its Notice of Privacy Practices in a material way.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Relationship to Patient, if signed by someone other than patient

\_\_\_\_\_  
Date

**THIS SECTION IS TO BE COMPLETED BY DR. MIELA GRUBER’S OFFICE, IF UNABLE TO OBTAIN WRITTEN ACKNOWLEDGMENT FROM PATIENT**

I made a good faith effort to obtain a written acknowledgment of receipt of the Notice of Privacy Practices from the above-named patient, but was unable to because:

Patient declined to sign this Written Acknowledgment.

Other (specify): \_\_\_\_\_

\_\_\_\_\_  
*Name and title of employee* *Date*

*A photocopy of this agreement shall be considered as effective as the original.*

## Summary of Notice of Privacy Practices

The Notice of Privacy Practices contains a detailed description of how our office will protect your health information, your rights as a patient and our common practices in dealing with patient health information. Please refer to that Notice for further information.

### **Uses and disclosures of Health**

**Information.** We will use and disclose your health information in order to treat you or to assist other health care providers in treating you. We will also use and disclose your health information in order to help you to obtain payment for our services by allowing insurance companies to process insurance claims for services rendered to you by us or other health care providers. Finally, we may disclose your health information for certain limited operational activities such as quality assessment, licensing, accreditation and training of students.

### **Uses and Disclosures based on your**

**Authorization.** Except as stated in more detail in the Notice of Privacy Practices, we will not use or disclose your health information, social security numbers or other financial information without your written authorization.

### **Uses and Disclosures Not Requiring**

**Your Authorization.** In the following circumstances, we may disclose your health information without your written authorization:

- To family members or close friends who are involved in your health care;

- For certain limited research purposes;
- For purposes of public health and safety;
- To government agencies for purposes of their audits, investigations and other oversight activities;
- To government authorities to prevent child abuse or domestic violence;
- To the FDA to report product defects or incidents;
- To the law enforcement authorities to protect public safety or to assist in apprehending criminal offenders;
- When required by court orders, search warrants, subpoenas and as otherwise required by the law.

**Patient Rights.** As our patient, you have the following rights:

- To have access to and/or a copy of your health information;
- To receive an accounting of certain disclosures we have made of your health information;
- To request restrictions as to how your health information is used or disclosed;
- To request that we communicate with you in confidence;
- To request that we amend your health information;
- To receive a notice of our privacy practices.

**A copy of the complete Notice is available upon request.**